

A silhouette of a group of people standing on a mountain peak, holding hands and raising their arms in celebration, set against a dramatic sunset sky with large, golden clouds.

IDENTIFYING THE BREAKTHROUGHS YOU ARE AFTER

Where in your life do you want radical improvement and transformation?

- ▶ Personal Breakthroughs in yourself and your relationships
- ▶ Change Leadership Breakthroughs: what you consult to and how`
- ▶ Breakthroughs you want to see in organizations and communities

The purpose of this worksheet is to help you identify the personal and professional breakthroughs that will up-level the quality of your leadership, life and work.

IDENTIFYING THE BREAKTHROUGHS YOU ARE AFTER

Instructions

Place a check mark in the boxes that denote areas where you want to achieve breakthrough. Then for each checked box, describe the specific breakthroughs you seek.

Clarify what needs to transform for you to achieve those breakthroughs. Then, discuss your desired breakthroughs and the transformations needed with the people who can support your success.

For further support, get free resources at [BeingFirst.com/resources](https://www.beingfirst.com/resources)

Personal Breakthroughs

1. What breakthroughs do you aspire to in your:

Self-awareness and mindfulness

Mindset and beliefs

Behavior

Skills

2. What breakthroughs do you want in your relationships with:

Family and friends

Work colleagues

Change Leadership Breakthroughs

1. What breakthroughs do you want in your:

Ability to lead transformation

Leadership style

Coaching skills

Communication skills (listening, speaking your truth)

Organization / Community Breakthroughs

1. What breakthroughs do you want to catalyze in your organization or community:

Culture

Performance and outcomes

Level of service

Stakeholder relationships and engagement
